



CHEMSEX?

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After this session, learners will:

—

Understand what Chemsex is.

Know the common agents used in Chemsex.

Understand the health impacts of Chemsex.

Have tips for reducing risks associated with Chemsex.





What is Chemsex?

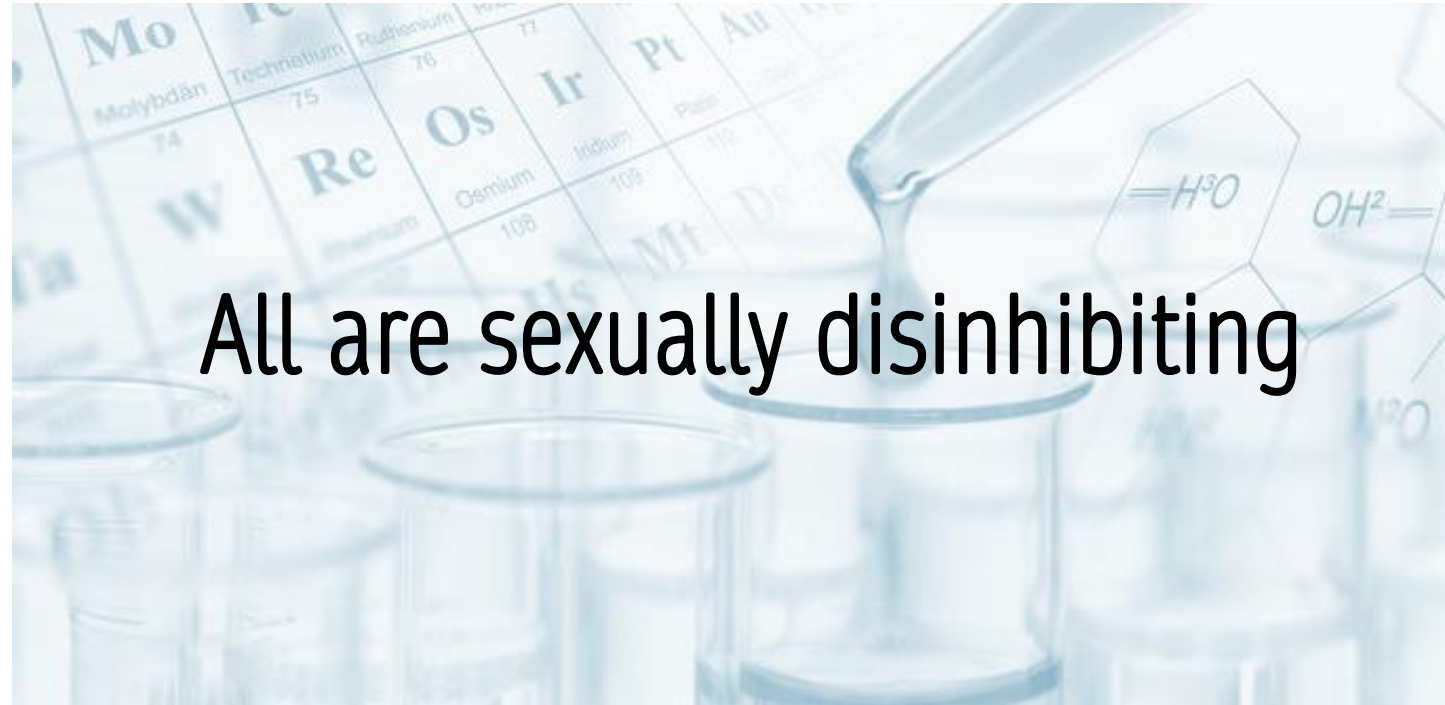
Using drugs to enhance sexual encounters.

- Classically associated with MSM and transgender women.
- In North America also known as Party 'n' Play (PnP).
- Recreational and sex trade encounters.
- Internet facilitated.
- Encounters often involve activities with increased risk to health.

Methamphetamine
GHB/GBL
Amyl nitrates
Cocaine
MDMA
Ketamine
Viagra

Mephedrone

Europe – stimulant/synthetic cathinone



All are sexually disinhibiting

Common Drugs

Health Impacts

Increased transmission risk of HIV, Hep C, gonorrhea and chlamydia.

Infections secondary to IVDU (skin, IE).

Anal injuries due to physical factors and altered pain perception.

Overamps and overdoses – not dose dependent.

‘Comedown’ – intense feelings of depression and anxiety.

Psychosis and paranoia.

Substance use disorders.

Interactions with prescribed medications.

Altered decision making while under the influence.

Risk Reduction

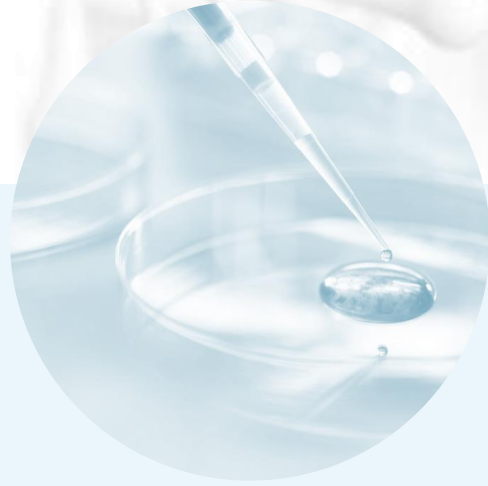
Encourage the use of barrier protection.

Encourage safe use practices.

Discuss harmful drug interactions (e.g. sildenafil and poppers).

Regular testing for STIs.





THANK YOU



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